
In an ever-expanding surgical field that is constantly moving toward more office-based procedures to promote patient convenience and decreased health care costs, Office-Based Rhinology: Principles and Techniques is an outstanding addition to the current rhinology literature that is not only right on target but also right on time.

With contributions from top names in the field of rhinology from across the country, this text is organized into 15 short yet pertinently detailed chapters that begin with an overview of nasal and paranasal sinus anatomy and imaging, and progress to a more in-depth discussion of office-based procedural techniques, including proper instrumentation and room setup. Aside from a very thorough explanation of specific rhinologic office procedures such as turbinate reduction and nasal polypectomy, this text is fully comprehensive in that it also includes chapters discussing appropriate patient selection and anesthetic techniques such as nerve blocks, which are very important topics that are not always stressed during medical training.

This book is extremely well written and a very easy read. The diagrams, illustrations, and included DVD compliment and reinforce the written text quite effectively. Office-Based Rhinology: Principles and Techniques is a must-read for all current and future rhinologists who wish to stay on the cutting edge of their field, whether in academia or in private practice. Furthermore, this is an excellent text for general otolaryngologists who wish to expand their scope of in-office procedures and need some guidance on how to do so. This text will likely serve as a stepping stone to encourage more otolaryngologists to move certain procedures from the operating room to an office setting, and in doing so will hopefully have a positive impact on patient satisfaction and health care costs.

Patricia A. Loftus, MD and Marvin P. Fried, MD

Department of Otorhinolaryngology–Head and Neck Surgery, Albert Einstein College of Medicine/Montefiore Medical Center, Bronx, New York, U.S.A.