
BOOK REVIEW

Karen T. Pitman, MD, *Section Editor*

REFLUX LARYNGITIS AND RELATED DISORDERS, 3RD EDITION

By Robert T. Sataloff, Donald O. Castell, Philip O. Katz, Dahlia M. Sataloff, Plural Publishing, San Diego, California, 2006, 186 pp, \$89.95

One of several books written on the topic of reflux, *Reflux Laryngitis and Related Disorders*, 3rd edition, has the advantage of addressing laryngeal reflux. This is the 1 topic on which there is a significant paucity of literature. Almost all other texts address gastroesophageal reflux and esophagitis, but laryngeal reflux remains poorly understood.

This book was written by renowned otolaryngologist Robert T. Sataloff, 2 very well-known and respected gastroenterologists, and a surgeon with laparoscopic expertise.

The book addresses reflux and its extraesophageal manifestations, pathophysiology of, diagnosis, appropriate medical management, and proper indications for and performance of surgical and endoscopic procedures for laryngeal reflux. It is written in language that is

easily followed by physicians of all disciplines and even by the lay public.

The book itself is well organized, and the language is concise. The preface provides important information about the book's contents and covers all aspects of reflux. Chapters 4 and 5 especially present an excellent outline of the diagnosis and management of laryngeal reflux, while chapter 6 provides information on diagnostic testing. It is a pity that color illustrations were not included in this book. Despite that, it is a good book for otolaryngologists, gastroenterologists, and internists who see patients with any form of gastroesophageal reflux. Residents especially will find this textbook very helpful in gaining a basic understanding of this condition. They will find this book insightful and scholarly. Its comprehensive style will help in the management of laryngopharyngeal reflux through a multidisciplinary approach.

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